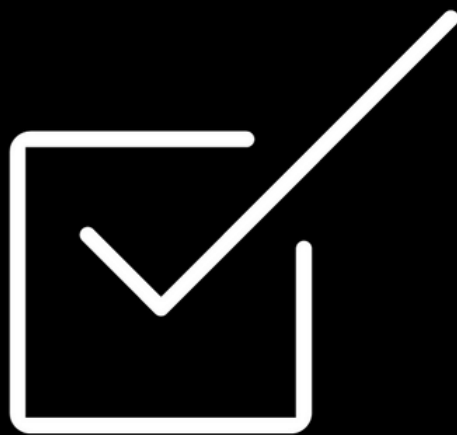


The "get'er done" series presents:

3 Legacy Projects

You can start
(**and finish**) *today*



www.deathsapprntice.ca

What's a legacy project

*(and more importantly,
why would you do one?)*



For some of us, the words “legacy project” are a foreign concept, something that a really creative artist might be able to put together. Some folks think that legacy projects are only for writers, who can capture the perfect family story. Others may convince themselves that the only project worth doing is one that is a dazzling multi-media presentation, something that takes skill and special tools to edit properly.

Nothing could be further from the truth. A legacy project **IS** a gift for future generations. But this present can be small, and it can be simple. Think about the best gifts you’ve ever received: I’ll bet it was something thoughtful, not flashy that leaps to mind right now.

You’ll leave a legacy no matter what—even if you don’t mean to! So why not set aside a few minutes right now to tuck away a meaningful legacy project for the folks who matter most in your world?

print some *photos*



This might sound too simple, to be useful, but trust me: a sturdy shoebox and a bunch of photos of **YOU** and you with the folks you love most in this world is one of the most meaningful and simple legacy projects you can leave behind.

The key though? You **HAVE** to print them. There has to be something tangible. Trust me on this. There's two reasons for the printing. The first is that getting into digital devices can be really tricky when someone has died.

The second part of this gift is that if you think folks might want to do a slideshow at a service of any kind, you've removed the burden on them of finding the best pictures!

Get started now: open your phone's photo app. Go back one or two years and select 4-10 photos of **you** and you with folks you love. Get them printed. Put them in a shoebox, and make sure someone knows where that box is. Set a reminder on your phone to do this **EVERY** year. Before long, you'll have a gorgeous set of meaningful pictures that will be a blessing to your loved ones

Write a postcard



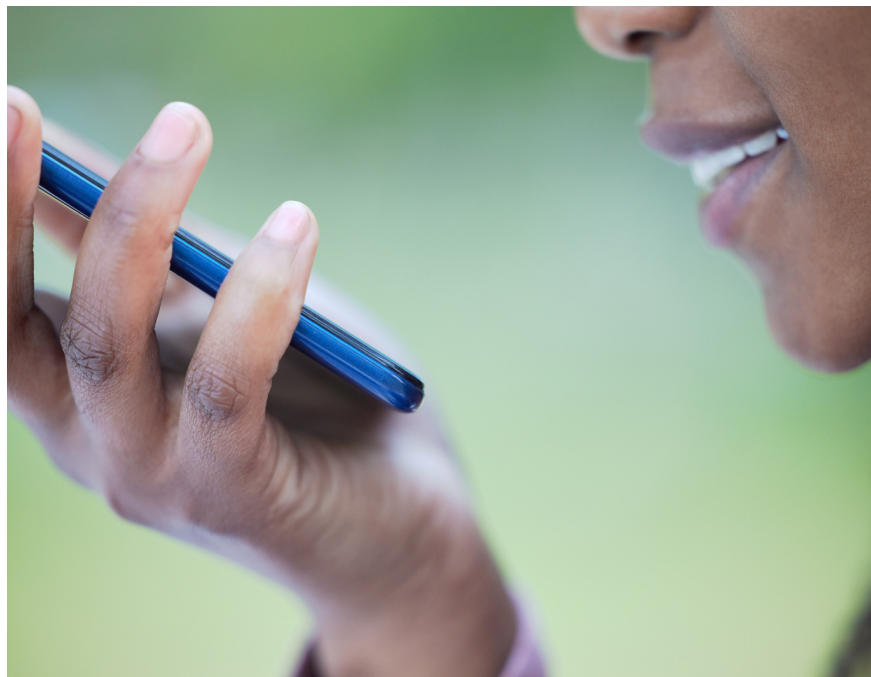
Everyone knows that folks write autobiographies or the novel they've had inside them for EVER as legacy projects. But most of us struggle to actually get the time to write out a grocery list!

What if you wrote a postcard (or even a little series of postcards)? Maybe you've been holding on to a stash from past vacations. Or maybe you can grab some notecards from the dollar store. The trick isn't to get it right. The trick is to get it *written*.

Get started now: dig out that stash of postcards, or grab a sheet of paper off the printer and find an envelope in the junk drawer. Decide who your first legacy postcard will be sent to. Need a prompt? How about, "Something I've always loved about you is" or maybe "I hope you know" or even "I've never told you this but". Write your message. Address it. You can either send it now, or put it in that same box with the photos (come on, you know you're going to print some photos this weekend, right?) Want to write a longer letter? Go for it. But remember: don't worry about getting it right. Worry about getting it written.

record a

voice-memo



Worried that wading through your phone's photos might open a digital Pandora's box? Have the feeling that when it comes to writing it out, you'll just stare at a blank piece of paper, no matter how good the prompts are?

Then record a voice memo. Yup. On your phone. The one you carry with you everywhere. The one you might be reading this booklet on!

This legacy project is **especially** good if you have some help: one of your kids, a friend, heck, even a nurse who's assisting you. If you capture the recording on THEIR device, you won't run into any issues with folks having access to it. But if you can't manage that, just be sure to send it to someone right away, or that folks know you've made the recording so they can listen later.

Get started now: open your phone's voice memo app. Say the things you have always meant to say. Sing a song. Record your prize-winning potato salad recipe. Just let your beautiful voice be heard. Now and forever.

www.deathsapprntice.ca

Thinking about the end of life can be tough. And let's be honest, there's a LOT to think about, and a lot to do to make sure you won't leave a mess behind. But doing this work has a very interesting side effect: thinking about the end will help you gain clarity about what matters most *right now*.

Legacy projects can be huge. And to be honest, that's the main problem with them. Don't worry about getting it right. Just worry about getting it done. As a funeral director, I've sat with more than one person holding a photo left behind for them. It can be so simple. And it can be so meaningful. It's never too early. But it can so easily become too late.





want to

go deeper?

Legacy projects are an often-overlooked part of holistic advance care planning. If you'd like to learn more about the 4 essential planning pillars, why not join me in my signature course,

PREP SCHOOL?

Prep School helps folks connect the heart and head when it comes to *planning for life*, and for end-of-life. In Prep School, you'll be part of a cohort-based program that gently steps you through everything you need to do to truly be ready for anything:

- Legal, Administrative & Financial documentation
- Medical decision-making
- Disposition & Ceremony choices
- The "Most Important Paperwork: (Lasting legacy messages)

Hundreds of folks have completed Prep School, with glowing reviews and most importantly, with a deep sense of calm. They are connected to what matters most, and they're ready for anything.

sign me up!

www.deathsapprentice.ca